



THE SOLITUDE OF THE SACRED HEART

Date: 11-20-2011



The purpose of this SOLITUDE is to provide an environment that is conducive to SILENCE, SOLITUDE, PRAYER, and REFLECTION. This enables retreatants to experience movement toward a deeper awareness of self, creation and the holy. At Nazareth House, retreatants can re-connect with and nurture their inner spirit quite naturally by placing themselves in an environment of solitude and peace.

Pausing occasionally to reflect – without the distractions, clamor, interruptions, and rush of daily life—is a necessity for living a balanced life. The SOLITUDE OF THE SACRED HEART is an oasis that offers people the opportunity to do so. Solitude can mean having time to rest, read a book, create artwork, reflect on life’s journey, pray for guidance, or be in the presence of God. Solitude allows retreatants to ponder questions they cannot find time or space to address elsewhere. Those who spend time in solitude return to the world renewed and reenergized. They experience a heightened sense of balance and focus.

GUIDELINES FOR RETREATANT

- Invited guest for occupancy; clergy (priest and deacons), religious, consecrated and laity
- Only for single occupancy
- Maximum stay per visit is 7 days
- Reservations for occupancy are made through the business office of Nazareth House
- Reservations are subject to and may be amended by management of Nazareth House
- Check-in is required at front office of retreat center
- This is a non-smoking facility
- Recommended minimum donation of \$35.00 per day
- Minimum age of 21
- Required parking at retreat center main lot – arrangement for access to Solitude will be made by Nazareth Center staff
- Fully furnished facility includes bedding, shower, small refrigerator, microwave, CD, recliner and writing table
- Encouraged to bring your own provisions for meals or optional meal arrangements can be made with Nazareth Center Staff (for additional cost)

